

International Further Education in Anthroposophic Pharmacy (IFEAP)

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Aim: Recognition of national trainings by the IAAP

The International Association of Anthroposophic Pharmacists (IAAP) through the IFEAP establishes a harmonised frame for the curricula for the further education in Anthroposophic Pharmacy at four levels:

- Pharmacists assistants* in Anthroposophic Pharmacy (Standards to be defined)
- Pharmacist* in Anthroposophic Pharmacy
- Lecturer in Anthroposophic Pharmacy

(*: Degrees as granted by the concerned national regulations)

A national Anthroposophic Pharmacist Association can apply for recognition of its training curriculum by the IAAP. The IAAP will recognise the national training if it is considered compliant with the IFEAP. Other targeted and differentiated curricula can be recognised by the IAAP. In addition upon demand by a trained person, the IAAP will issue a certificate stating, that the concerned training complies to the IAAP standards.

National Associations shall establish requirements for continuous further education.

General considerations

Professional competence in Anthroposophic Pharmacy

The IFEAP contains the minimum harmonised standards for the attainment of professional competence of graduates in pharmacy and persons who carry out pharmaceutically relevant activities/professions and who seek to work out of the spiritual-scientific approach of Anthroposophy, as an important part of their professional activity. The IFEAP is in continuous development.

Basic knowledge

The principles outlined in this document also aim to support the individual pharmacist in his efforts to acquire independently basic knowledge in Anthroposophic Pharmacy.

Safeguard of knowledge and skills

The IFEAP intends to safeguard the knowledge and skills which concern patients, doctors and legislators in the authenticity of production, availability, supply and patient advice of Anthroposophic Medicines.

Individual efforts

The IFEAP training recognises the importance of individual efforts undertaken by individual pharmacists for the needs of patients, doctors and legislators. The IFEAP criteria involve both the transmission of knowledge and skills as well as the development of personal qualities.

Two aspects of medicines

The process that a substance needs to undergo to become a medicine, i.e. the manufacturing process, as well as the role of the pharmacist in supplying and

advising both contribute essentially to the healing power of substances. The dedicated attitude and the awareness of the pharmacist are essential features of the quality of these processes.

Pre-requisites for the participation in further education

One or more of the following:

- Registration as a pharmacist*
- University graduation in pharmacy
- Other pharmaceutical professions as well as their students (e.g. pharmacists assistants*, “qualified persons” according to EU Directive 2001/83, other)

(* Degrees as granted by the concerned national regulations)

Structure of the further education

Pharmacist for Anthroposophic Pharmacy approved by the IAAP

The concerning qualification will be gained within 3-5 years.

As a rule the minimum hours of acknowledged lessons (e.g. hours of attendance to courses, lectures and work shops etc.) is 120. A certain number of hours should be accredited by national Pharmacy Boards.

1. The interested persons are expected to take part in the following mandatory courses, lectures, work shops etc. on the following topics (see also appendix 1):

1.1. Customer advice on anthroposophic medicines:

Two courses at least on counselling in anthroposophic medicinal products. A training on empathic ways of communication must be part of this activities.

1.2. System of Anthroposophic Medicine/concept of the human being

- concept of health and illness/ Salutogenesis and Pathogenesis
- threefold constitution/fourfold constitution
- principles of therapy
- Anthroposophic therapy methods (e.g. Curative Eurhythmics, Rhythmic Massage)

1.3. Substance research

- sal- sulfur- mercury
- the four elements
- four Kingdoms of nature
- the understanding of the substances in natural remedies
- (metals, minerals, medicinal plants, animal. Substances...)

1.4. Manufacturing procedures/manufacture of medicines

- Anthroposophic Pharmaceutical Codex

- procedures based on steps of warmth
- rhythmic procedures
- potentising –solid, fluid
- making of metal mirrors
- vegetablised metals
- compositions
- organ preparations
- dosage forms

2. Practical Courses

The interested persons shall participate in at least two practical courses in Anthroposophic Pharmacy. The applicant shall put into practise anthroposophic pharmaceutical processing.

3. Private Study

As a precondition, the following works by Rudolf Steiner are expected to be studied.

3.1.

Grundlegendes für eine Erweiterung der Heilkunst nach geisteswissenschaftlichen Erkenntnissen

Fundamentals for an Enlargement of the Art of Healing According to Spiritual-Scientific Discoveries

Geisteswissenschaft und Medizin

Spiritual Science and Medicine

Anthroposophische Menschenerkenntnis und Medizin

Medicine and the Anthroposophical Knowledge of the Human Being

3.2. In addition to the above we recommend the literature mentioned in “Recommended Literature for the basic study of Anthroposophic Pharmacy/Medicine” in appendix 2

<http://www.iaap.org.uk/publications/literature.html>

4. Project work

The interested persons will either manufacture an anthroposophic medicinal product and be able to describe its rationale or give a presentation on a relevant topic in accordance with the needs of the national association.

5. The following additional fields of study can be implemented into the studies.

- Bio-dynamic agriculture
- Anthroposophic paths of spiritual training
- registration/marketing authorisation of Anthroposophic Remedies
- external applications
- complementary medicine
- clinical research on Anthroposophic Remedies
- development of Anthroposophic Remedies
- mistletoe research

6. Rule of exception

Upon application, the IAAP certificate can be granted to pharmacists who can prove an appropriate time of practical pharmaceutical activity (generally 3 years as a minimum) in an anthroposophic manufacturing enterprise, or in the pharmacy of an anthroposophic hospital or other pharmacy dispensing anthroposophic magistral or official medicines, and have at least 60 hours of further education in Anthroposophic Pharmacy or are lecturers specialised in Anthroposophic Pharmacy or advisers of anthroposophic medicines (both generally 3 years practise as a minimum).

Lecturer in Anthroposophic Pharmacy

In order to achieve the status of a certified lecturer in Anthroposophic Pharmacy it is necessary to comply with every requirement concerning the further education of the Pharmacist for Anthroposophic Pharmacy approved by the IAAP.

The lecturer's training is concluded with a lecture on a self-chosen topic in a real situation, i.e. within the scope of an advanced seminar/training/workshop on Anthroposophic Pharmacy. In any case the lecturer shall demonstrate his presentation skills.

Certification of national training

In order to achieve recognition of national training curricula the national Anthroposophic Pharmacist Association sends the following to the IAAP:

- a written application
- the national training curriculum concerned
- an assessment report in which the interested party compares the standards of the national association with the IAAP standards assessing their equivalence (as a minimum).

In 3 months the IAAP will send its written answer. A further request by the IAAP may occur.

The IAAP will issue a certificate that states the compliance of the curriculum of the respective national association. In addition upon written demand of an interested person trained on the basis of an IAAP recognised curriculum, the IAAP will issue a personal certificate stating, that the training received complies to the IAAP standards. Major changes of national curriculum shall be reported to the IAAP.

Each certificate will cost 100 Euro.

Appendix 1

Catalogue of topics in Anthroposophic Pharmacy

System of Anthroposophic Medicine/concept of the human being

- concept of health and illness/ Salutogenesis and Pathogenesis
- threefold constitution/fourfold constitution
- principles of therapy
- Anthroposophic therapy methods (e.g. Curative Eurhythmy, Rhythmic Massage)

Substance research

- sal- sulfur- mercury
- the four elements
- four Kingdoms of nature
- the understanding of the substances in natural remedies
- (metals, minerals, medicinal plants, animal. Substances...)

Manufacturing procedures/manufacture of medicines

- Anthroposophic Pharmaceutical Codex
- procedures based on steps of warmth
- rhythmical procedures
- potentising –solid, fluid
- making of metal mirrors
- vegetablised metals
- compositions
- organ preparations
- dosage forms

Special Anthroposophic Remedies/ groups of remedies in relation to rationale, manufacture and therapy.

Customer Advice: advice on Anthroposophic Remedies

Special fields

- Bio-dynamic agriculture
- Anthroposophic paths of spiritual training
- registration/marketing authorisation of Anthroposophic Remedies
- external applications
- complementary medicine
- clinical research on Anthroposophic Remedies
- development of Anthroposophic Remedies
- mistletoe research
- relationship of human being and the Universe
- 4-fold man as a diagnostic tool
- the Ethers

Appendix 2

Recommended literature for the basic studies on Anthroposophic Pharmacy/Medicine

1. See: <http://www.iaap.org.uk/publications/literature.html>

2. Relevant founders' literature by Dr. Rudolf Steiner;
English titles also see: <http://www.rudolfsteinerweb.com/>

Vol. 9

Theosophie. Einführung in übersinnliche Welterkenntnis und Menschenbestimmung
Theosophy: An Introduction into Supersensible World Knowledge and Human Purpose

Vol. 10

Wie erlangt man Erkenntnisse der höheren Welten?
How Does One Attain Knowledge of Higher Worlds?

Vol. 13

Die Geheimwissenschaft im Umriß
Occult Science in Outline

Vol. 27

Grundlegendes für eine Erweiterung der Heilkunst nach geisteswissenschaftlichen Erkenntnissen
Fundamentals for an Enlargement of the Art of Healing According to Spiritual-Scientific Discoveries

Vol. 128

Eine okkulte Physiologie
An Occult Physiology

Vol. 172

Das Karma des Berufes des Menschen in Anknüpfung an Goethes Leben. Kosmische und Menschliche Geschichte Band III
The Karma of the Vocation of Human Beings in Relationship to Goethe's Life. Cosmic and Human History, Volume 3.

Vol. 218

Geistige Zusammenhänge in der Gestaltung des menschlichen Organismus
Spiritual Connections in the Forming of the Human Organism

Vol. 312

Geisteswissenschaft und Medizin.
Spiritual Science and Medicine

Vol. 313

Geisteswissenschaftliche Gesichtspunkte zur Therapie.
Spiritual-Scientific Points of View on Therapy

Vol. 314

Physiologisch- Therapeutisches auf Grundlage der Geisteswissenschaft.
Physiology and Therapy on the Foundations of Spiritual Science

Vol. 316

Meditative Betrachtungen und Anleitungen zur Vertiefung der Heilkunst.
Meditative Observations and Instructions for a Deepening of the Art of Healing

Vol. 319

Anthroposophische Menschenerkenntnis und Medizin.
Medicine and the Anthroposophical Knowledge of the Human Being